

January 24, 2009

How to Find Peace in Your Quiet Winter

A. What is a quiet winter in ones life?

1. When you can't hear the voice of God
2. Those times when everyone has a handle on life except you
3. A struggle in life that never seems to change
4. An urgent need that is unfulfilled

B. Causes of a quiet winter in ones life.

1. Living in a loveless marriage
2. A child that's gone astray
3. An adult child that's made you aware that a divorce is inevitable
4. A single parent who is praying for a godly spouse
5. Being a single who has grown angry and depressed because God hasn't given her the desire of her heart
6. A parent who has a special needs child, and it seems the needs are constant, while she grows weary
7. Loving and caring for an elderly parent and watching as the parents health decline, the list goes on.....

C. How do we live and find peace in our quiet winters?

1. In time of struggle, need, pain and strength and peace, go to Jesus first.
2. Pour your heart out to him, leaving nothing unsaid, he knows anyway.

Psalm 34:18-19 - The Lord is close to the brokenhearted and saves those who are crushed in spirit. A righteous man may have many troubles but the Lord delivers him from all of them.

Isaiah 26:3 - You will keep in perfect peace him whose mind is steadfast because he trust in you.

God is our Peace, His Word, His love letter is for all those who love and trust in Him in quiet winters.