WOW Ladies Embrace the Race

Women of the Word Calvary Road Baptist Church



The

and salad, fellowship,

Hope to see you there!

fun, testimony and more about

"The Potter and the Clay".

cost of the seminar is \$5.00 for

members and regular attendees

and free for guests. Register at

the Women's Ministry Table on

Sunday Mornings. Child care

will be provided. If you have

further questions, contact Deb-

bie Arthur at 703-451-0422.

December 2, 2004

Volume 1, Issue 2



Have you ever just stood and watched a potter? It is amazing how the potter takes a lump of clay, puts it on the wheel, then as the wheel starts spinning, the potter gently puts his hands on the clay and starts molding it into something that will be useful to others. If the clay cracks, he starts all over, patiently molding and making it into what he wants it to be. This is exactly what the Lord is doing with us. God says, "I am the potter, you are the clay."

QSP Nights

The Potter & the Clay Seminar & Supper

Each and everyday, the Lord is molding us into the vessel that He wants us to be. Do you ever say, "Well, how can He use me? I have so many problems. I feel like a cracked pot." God can and will use you if you allow Him to.



To hear more, please join us on **Saturday** January 15, 2005 from

5:00 pm until 7:30 pm, in the church gymnasium, to enjoy a

Come join us for QSP Nights (Quilting, Scrapbooking and other projects) on **Monday evenings January 24 and April 25 at 7pm** in Trailer 3. Have you always wanted to learn how to quilt? This is your opportunity. Ladies will work together on various quilting projects under an experienced quilter. Do you have o boxes of photographs and never seem to have the time to organize them? Come to QSP

Night and learn how to organize, design and plan various types of albums from baby to family to vacation to spiritual albums. You can accomplish your goals and have fun and fellowship at the same time. We may also work on special projects through the year. There is no cost. Bring a friend. Bring a snack. Child care is not available. Some materials will be provided; however, check for specifics at the Women's Ministry Table when you register on Sunday Mornings. Contact Susan Ireland for more information at 703-960-6564.

Women's Retreat—IN HIS PRESENCE

February 25 –26, 2005— tion...A retreat is a time to get Holiday Inn Sun Spree Resort, Virginia Beach, Virginia hectic routine, a time to con-



Imagine yourself watching the sun rise over foaming ocean waves, walking along the shore as the water nips at your ankles, reveling in God's glorious creation...A retreat is a time to get away from the daily and often hectic routine, a time to connect with other Christian women, and a time to grow in your relationship with Jesus through Bible teaching, prayer and fellowship. Our guest speaker is Renee Coates Scheidt, a native of North Carolina. With honesty, wit, and sincere passion born out of her own life struggles, Renee addresses real life issues. Forced to journey through deep waters when her ministerhusband of ten years tragically died, she brings inspiration and encouragement to all who hear her. Registration begins December 5. Pick up a brochure at the Women's Ministry table. Contact Linda Rhodenhizer at 703-922-7365 for more information.

My Presence shall go with you, and I will give you rest. Exodus 33:14 Inside this issue:

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Mark these Dates on your Calendar:

- Mother Daughter Banquet May 6
- Video Night May 23 7pm—A Woman's Personality: Understanding Yourself & Others
- June 6—Event to be announced
- June 27—QSP Night
- Women of Faith July 29-30
- Prayer Breakfast August 20



Spring Consignment Sale March 5, 2005 8am-noon



Consign your gently used children's spring/summer clothing, toys, games, books and furniture. 70% of the ticketed value is returned to the consignor. The remaining 30% is donated to the Alexandria Crisis Pregnancy Center. Volunteers are also needed to set up, manage, and break down the sale. Volunteers and Consignors are allowed to shop before it is open to the general public. To consign or volunteer, e-mail your name, address and phone to crbcconsignment@hotmail.com.



The Easter Adventure for Girls of All Ages

Friday, March 18, 2005 at 7pm in the Church Gymnasium will be a time of fellowship, crafts and other activities



to celebrate the Easter season, a time of resurrection. Contact Susan Ireland at 703-960-



6564 if you would like to help with the planning for this event or e-mail Debbie Arthur at debbie@judeministries.org.

The flowers appear on the earth; the time of singing has come... Song of Songs 2:12

In the Race

As we go into the holiday season celebrating the birth of our Lord Jesus Christ and entering into a new year, it is a special time to examine ourselves and our life. How much do I really

trust my God? Do I truly trust Him for the future? We live most of our life in the valley and that's where we learn and grow. Am I learning to depend solely on God in the valley and cooperate with His plan for my life? During this fall, I was attacked by lots of little issues of life - a minor car accident, tripping over my cat, an ice cream bowl breaks, minor medical issues. Does any of that sound familiar? And then I am certain there are many of you dealing with major issues of life-divorce, separation, death, single parenting, caring for elderly parents, major illnesses, disabilities, loneliness, disappointment, financial disaster, and a myriad of catastrophes. I've been in some of those life situations as well. How do we trust God in the midst of the valley and continue to run the race? Many of us



Alone we can do so little; together we can do so much. -Helen Keller

Passing on Your Faith without Turning Off Your Kids



In this Extraordinary Woman Series Video, Connie Neal shows us how to make communicating our faith both fun and memorable by using Youth for Christ's model: integrating God's Story, Your Story, and Your Kids' Story. It is full of great ideas anyone can use and any kid will respond to positively. In the video, she shares: 1) the three intersecting circles key to passing on your faith, 2) a seven step goal setting formula you can apply to passing on your faith, 3) how to share your personal story of faith in God with your kids, 4) exciting ways you can communicate the Bible to your kids, and 5) how you can get to know your kids' stories: what's going on inside them and in their world and how to connect their lives to God. Join us on Monday evening April 4 at 7pm in Trailer 3 as we gather ladies together for a time of fellowship and discussion after we watch the video. There is no cost. Bring a friend. Bring a snack. Child care will be provided. Sign up begins March 13. For further information contact Debbie Arthur at 703-451-0422 or debbie @judeministries.org.

Behold He comes, Riding on the Clouds, Shining Like the Sun, At the Trumpet Call, Lift Your Voice, It's the Year of Jubilee, Out of Zion's Hill, Salvation Comes!

make New Years Resolutions which we probably will not keep. I wonder if our Resolutions would be different if we asked God for guidance and trusted Him to give us our needs. In Matthew 6, Jesus says: "Do not lay up for yourselves treasures on earth...but lay up for yourselves treasures in heaven...do not worry about your life ... your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness and all these things shall be added to you ... " Why do I focus on what I want? God knows what I need. Years ago, my little girl cried because she didn't want to take a bath - kicking and screaming, I carried her to the bathtub. But once there, she was happy and content, playing with the water and the bubbles that I added for her pleasure. Is that how I am with God? Do I go kicking and screaming into His will for my life? Yet, God knows what I need. Jeremiah 29:11 says, "For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future

and a hope." Philippians 4:19 says: "And my God shall supply all your need according to His riches in glory by Christ Jesus." . Do I trust Him to supply my need? I know that without a relationship with God, I could not face the sorrows in this world. How wonderful it is to know that there is someone out there who really cares for me, who I can talk to and depend on in the time of crisis -someone who can reach out to me when life seems hopeless and despair comes my way, when I see no way out . And how wonderful to know that even when I kick and scream, He still loves me and wants to show me His joy in that bubble bath of His will. Life has meaning when God is involved. So, in this New Year, I encourage you to embrace a Scripture verse to build your life on for the next year. Hold it close to you and : "Turn your eyes upon Jesus. Look full in His wonderful face. And the things of earth will grow strangely dim in the light of His glory and grace."

Love in Jesus, Debbie Arthur

The more one knows Him, the more one wants know Him.

WOW BIBLE STUDIES



Plan now to register in January for the WOW Bible studies that begin the week of January 24, 2004.

D o you long to delve deep into G o d's Word in order to get to know Him better and need encouragement from other like-minded women to pursue Him? Then, WOW Bible study groups are for you.

On Tuesday mornings (9:30-11:30am), two studies will be offered. Childcare is available.

1)"Having a Mary Heart in a Martha World" by Joanna Weaver is a 14 week study that will be led by Amy Goforth (703-644-2692) in trailer #2. Do you want a more intimate relationship with God in the midst of your busy life? Are you serving and doing to the point of distraction at the expense of your quiet time with the



Baked French Toast Casserole (lovely & easy for Christmas a.m.) - loaf French or Ital bread, 8 lge eggs, 2 cps half-&-half, 1 cp milk, 2 tbl gran sugar, 1 tsp vanilla extract, 1/4 tsp grd cinnamon, 1/4 tsp grd nutmeg, speck of salt, maple syrup or honey. Topping: 1 cp butter, 1 cp packed lt brown sugar, 1 cp chopped pecans, 2 tbl lt corn syrup, 1/2 tsp grd cinnamon, 1/2 tsp grd nutmeg — Slice bread into 20 1-inch slices. Arrange bread in buttered 9x13 inch flat baking dish in 2 rows, overlapping slices. In lge bowl, combine eggs, half-&half, milk, sugar, vanilla, cinnamon, nutmeg & salt & beat w rotary beater or whisk until blended but not too bubbly. Pour over bread, making sure covered evenly w/milk-egg mixture, spooning mixture in between slices. Cover w/foil ,refrig overnt. Next day, preheat oven to 350 degs. Combine topping in med bowl & spread evenly over bread. Bake 40 min, until puffed &lightly golden. Serve w/maple

Lord? By studying the lives of two women of the Bible, Mary and Martha, and their relationship with the Lord, you too can learn how to balance work and worship.

2) "Covenant" a Precept upon Precept study by Kay Arthur is a 13 week study that will be led by Lorraine Hatcher (703-922-0697) in trailer #3. "Understanding covenant brings the whole Bible into focus. It's like finding the missing piece of a puzzle. Learn what it means to be in covenant with Jesus Christ as you learn the historical traditions and the biblical and cultural background of this solemn binding agreement."

On Friday evenings (7-9pm) two studies will be offered. No childcare available.

1)"A Woman's Heart, God's Dwelling Place" by Beth Moore is a 12 week study that will be led by Terry Gerton (703-495-9232) in her home. "This study explores the fascinating account of the building of the tabernacle, the significance of its intri-

RECIPES ALA WOW LADIES

syrup or honey. (Contributed by Rowena Haley)

Mary's Favorite Dinner Recipe

(wonderful for New Year's Eve) - corn tortillas (torn into pieces), chicken (boneless & cut into small pieces), onions (chopped), 1 can cream of chicken soup, 1 can cream of mushroom soup, 1 can Rotel (tomatoes & green chilies), 1 can corn, 1 can black beans, shredded cheese (longhorn or cheddar), chopped green or red pepper-Stir fry the chicken, onions and pepper, Add both cans of soup (no water), Rotel, corn and beans. Stir until all ingredients mixed. Place layer of ttortillas into baking dish. Add half of chicken in layer on top of tortillas. Add layer of cheese & repeat layers once more. Bake at 350 degrees for about 1/2 hour. (Contributed by Mary Hardesty)

Candy Cane Coffee Cakes—1 package (1/4 oz) active dry yeast, 3/4 cup warm water & 1/2 cup warm milk (both 110 to 115 degrees), 4 eggs, 1 cup sugar, 1/2 cup butter (melted), 1 tsp salt, 7-7-1/2 cups bread flour. *Filling*—1 cup chopped hazel-nuts (or pecans), 1 cup packed brown

cate design, its pivotal role in God's eternal plan, the grand fulfillment of its purpose by Jesus Christ, and its variety of meanings for your walk with God today...you will be challenged to prepare your heart, like the holy of holies, to become a home for His love and glory—a dwelling place for the Most High God".

2) "Covenant" by Kay Arthur. See Tuesday morning description for details and location.

Coming in May 2005:

"Genesis Part 4: Wrestling with God: A study on Isaac, Jacob, and Esau" is a 4 week Precept upon Precept Study by Kay Arthur that will be led by Lorraine Hatcher in trailer #3. "The truths we learn about God, the lessons we learn for our lives from these men and their relationship to God can guide our steps of faith and help us to see God's purposes in our disappointments." This study will be offered on Tuesday mornings and Friday evenings.

sugar, 1 cup raisins (or craisins), 2 tsp ground cinnamon, 3 tbl butter (melted). Glaze-2 cups confectioners' sugar, 3-4 tbl warm milk, 1 tbl butter, 1 tsp vanilla extract, 1/2 tsp lemon extract (or lemon juice), 1/4 cup chopped hazelnuts (or pecans). - In a mixing bowl, dissolve yeast in water & milk, add flour, beat until smooth. Add enough remaining flour to form a soft dough. Turn onto a floured surface, knead until smooth and elastic (6-8 min). Place in greased bowl, turn once to grease top. Cover & let rise in a warm place until double (1-1/2 hrs). For filling, combine nuts, brown sugar, raisins & cinnamon. Punch down dough & divide in fourths. Roll one portion into 12X7 in Rectangle. Brush w/some butter. Sprinkle w/2/3 cup filling. Roll up, jelly roll-style, starting with a long side. Pinch to seal. Repeat w/remaining dough, filling & butter. Cover & let rise until doubled (abt 35 min). Bake at 350 for 25 min until golden brown. Cool on wire racks. Combine first 5 glaze ingredients; drizzle stripes over loaves. Sprinkle w/nuts. Yield 4 loaves. (Contributed by Mary Hardesty)



Embrace the Race Hebrews 12:1b-2a—Let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith..

Single Moms Interest Meeting

On January 10 at 7pm in Trailer 3, there will be an interest meeting for Single moms interested in meeting monthly to discuss the unique challenges of being a single mom and to study God's Word and/or books on single parenting. If you are a single mom looking for support, friendship and wisdom to mother God's way, this is a special opportunity for you. There is no cost. Bring a snack. Child care will be provided. Contact Debbie Arthur at 703-451-0422 for more information.



Pick up Your Running Shoes & Join in the Race. Do it all for God. Your whole life can be an act of worship. Don't lose sight of where you are running. Keep your eyes on Jesus. Run to Him. Hide in Him. In all the moments of your life, run to God. *WOW'S PURPOSE: EMBRACE THE RACE*

Worship Through Prayer Instruction in God's Word Service to the Family of God Joy to Each Other Love to the Community

