

# WOW Ladies Follow FIDO



Women of the Word  
Calvary Road Baptist Church

## 7-Up Challenge Supper March 18

March 1, 2006

Volume 2, Issue 3



Blessed are the pure in heart for they shall see God. On Saturday March 18 at 5pm, we will share the 7-up challenge and explore how we can be pure in heart and see God.—how to live a holy and clean life with a single heart that is not divided between God and the world. Dinner will include 7-up salad, 7-up cake, and other food, refreshments and beverages that include the number 7. Enjoy fellowship, food, teaching, testimony, sharing, and maybe even a game or two. Child care will be provided. Cost is \$7. Sign up at the Women’s Ministry Table. If you have any questions, contact Debbie Arthur at 703-451-0422 or [debbie@judeministries.org](mailto:debbie@judeministries.org).



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## Spring Consignment —March 25



Consign your gently used children’s spring/summer clothing, toys, games, books and furniture. 70% of the ticketed value is returned to the consignor. The remaining 30% is donated to the Alexandria Crisis Pregnancy Center. Volunteers are also needed to set up, manage, and break down the sale. Volunteers and Consignors are allowed to shop before it is open to the general public. To consign or volunteer, e-mail your name, address and phone to [crbconsignment@hotmail.com](mailto:crbconsignment@hotmail.com).

## Easter Adventure For Girls of All Ages April 7



Hear ye, Hear ye—Girls of all ages. Come to the gym to see what the rage is. On April the 7th at 7pm, Girls of all ages should meet in the gym. You can learn a new craft or play a board game. No matter your choice, you’ll be glad you came. And while you are with us, hear beatitude eight. So mark your calendars now, ‘cause you won’t want to be late.



## Mother Daughter Banquet—May 12



On Friday evening, May 12, join us at the Springfield Hilton for our annual Mother Daughter Banquet. Ladies will enjoy a fun evening of sumptuous food, close knit fellowship, fun, laughter, and devotion. For those without mothers or daughters available, bring a special girlfriend. We will look at how women can be peacemakers. Blessed are the peacemakers for they shall be called sons of God (daughters of God). Look for sign up and more information at the Women’s Ministry Table beginning in April.



### Mark these Dates on your Calendar:

- Handling Conflict Video—May 22
- Evening of Fun and Fellowship—June 12
- Women of Faith—July 21-22

**Memorize the Beatitudes this Year—  
Matthew 5:3-10**



Study the minor prophets with Terry Gerton in a warm and comfortable home setting on alternating Friday nights beginning March 24, 2006 at 7pm. The minor prophets are rarely studied by the average Christian. This is an opportunity to understand and apply Scripture to your life as you mine for the hidden gems within the minor prophets. Sign up at the Women's Ministry Table in the foyer. Any questions, contact Terry Gerton at 703-495-9132.

**ATTENTION LADIES—WE HAVE A NEED FOR CHILD CARE WORKERS AND COORDINATORS FOR TUESDAY MORNING BIBLE STUDIES! CONTACT LORRAINE HATCHER AT 703-922-0697.**



**Single Mom's Monthly Meeting—  
Second Tuesday of Every Month at 7pm. Contact Penny Shawler at 703-212-7655.**



## RECIPES ALA WOW LADIES

**Craisin and Pecan Scones.** Courtesy of Mary Hardesty—Ingredients: 3-1/2 cups bread flour, 2 tsp baking soda, 1/2 tsp salt (optional), 1/2 cup (1 stick) butter (softened), 1 cup craisins, 1 cup finely chopped pecans, 1-1/2 cups half-and-half, 2 tbl sugar, 1 tsp ground cinnamon. Directions: Preheat oven to 400 degrees. Butter 2 baking sheets. In a large bowl, stir together flour, baking soda, and salt. With pastry blender, cut the butter into the flour mixture until it resembles coarse crumbs. Stir in the fruit and pecans. Make a well in the center of the mixture and add the half-and-half. Stir gently with a fork to make a



soft, cohesive dough. Turn the dough onto a well floured surface and knead it 10-12 times. Roll the dough into a 1/4 inch thickness. Cut the dough into rounds using a 2-inch floured biscuit cutter or an upturned floured glass. In a small bowl, combine the sugar and cinnamon. Arrange scones, 1/2 inch apart, on the prepared baking sheets. Sprinkle the scones with the sugar mixture. Bake for 10-12 minutes, or until they are golden brown. Serve warm.



**Devonshire Cream.** Courtesy of Mary Hardesty—Ingredients: 1 3-oz pkg. Cream cheese, 1 T. powdered sugar, 1/2 t vanilla, 1/3-1/2 c whipped cream. Directions: Beat cream cheese until light and fluffy. Beat in sugar

and vanilla. Gradually beat in enough whipping cream to form a mixture of spreadable consistency. Do not overbeat. Cover and chill 2 to 24 hours.

### **Sugared Grapes.**

Courtesy of Sherri Dawson—wash and thoroughly dry grapes, cut stems into clusters of 3-4 grapes, whisk at least 2 egg whites until nicely blended but not foaming, dip clusters of grapes into egg whites, immediately dip clusters into bowl of sugar, rotate or spoon additional sugar over top of clusters, place grapes on wax paper until ready to enjoy. They are good to eat for approximately 2 days.



Yum, what fun!



### **WOMEN OF FAITH — JULY 21 AND 22—**

**Sign up for Women of Faith begins in March at the Women's Ministry Table. Tickets are available for Friday evening, Saturday during the day, Friday pre-conference or any combination. Transportation will be provided. No child care is provided. Come by the ministry table in March for further information or contact Debbie Arthur at [debbie@judeministries.org](mailto:debbie@judeministries.org)**

# A WOMAN'S GUIDE TO HANDLING CONFLICT

VIDEO & DISCUSSION NIGHT—MONDAY May 22, 2006

Join us on Monday evening, May 22, 2006 at 7pm, to listen to Leslie Vernick on video. Leslie is a licensed clinical social worker with her own private counseling practice. Several years ago she spoke to our ladies at a day long seminar where she touched many hearts. In this video, she shows us how to distinguish between merely being a peacekeeper and becoming a peacemaker. Some women, she says, avoid conflict at any cost— but the cost may be too high. There are times conflict is worth the risk to bring about true and lasting peace. She teaches us how to distinguish when the situation is worth the risk, and how to resolve conflicts to achieve genuine peace. After the video, there is time for discussion and listening, and always fellowship. This is a free event but we do ask that you sign up in advance so that we have enough handouts for everyone and can also plan the refreshment for the evening. Any questions, contact Debbie Arthur at 703-451-0422 or [debbie@judeministries.org](mailto:debbie@judeministries.org).



## Following FIDO

During this year, we have been following FIDO through the Beatitudes. We have talked about what it means to be poor in spirit, to mourn, to be meek, to be merciful, and to hunger and thirst for righteousness. As we complete this year's adventure, we will learn about the pure in heart, the persecuted, and peacemakers. As I have sought God's guidance and direction for next year, He has shown me through the ladies in our ministry how as a TEAM working together, we accomplish more. The recent tea was an amazing example of ladies working together, particularly behind the scenes, resulting in an extraordinary afternoon of blessing and fellowship as we explored the topic of mercy while sipping on tea and munching on delightful scones, tea sandwiches, fruits and pastries. The gymnasium was transformed into a beautiful, intimate setting. What touched my heart the most at the tea was the uniqueness of all the ladies; every table set in such a beautiful and yet different way. And yet, each individual, unique woman, loved by God, can experience what it is like to live "in HIS HANDS". This is an uncommon way to live. To live "in His Hands" is to live in utter

dependence upon God, with an intimate understanding of His full and real moment by moment presence. We can choose to live that way. In the beatitudes we have the kingdom of heaven, we are comforted, we inherit the earth, we are filled, we obtain mercy, we see God, and we are daughters of God. So, next year, our theme will be TEAM, Together Each Accomplishes More as we take what we have learned and grow more and more intimate in our relationship with God and with each other. Our verse will be 2 Corinthians 1:4 "who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God." Each month we will focus on a different woman in the Bible and how she applies to us today. How was she comforted by God? Was she comforted by God? How did she comfort others? As a TEAM and a family of ladies, we are called to comfort and minister to one another in intimate relationship.

With much love in my heart, for you  
Debbie Arthur



## Fun and Fellowship

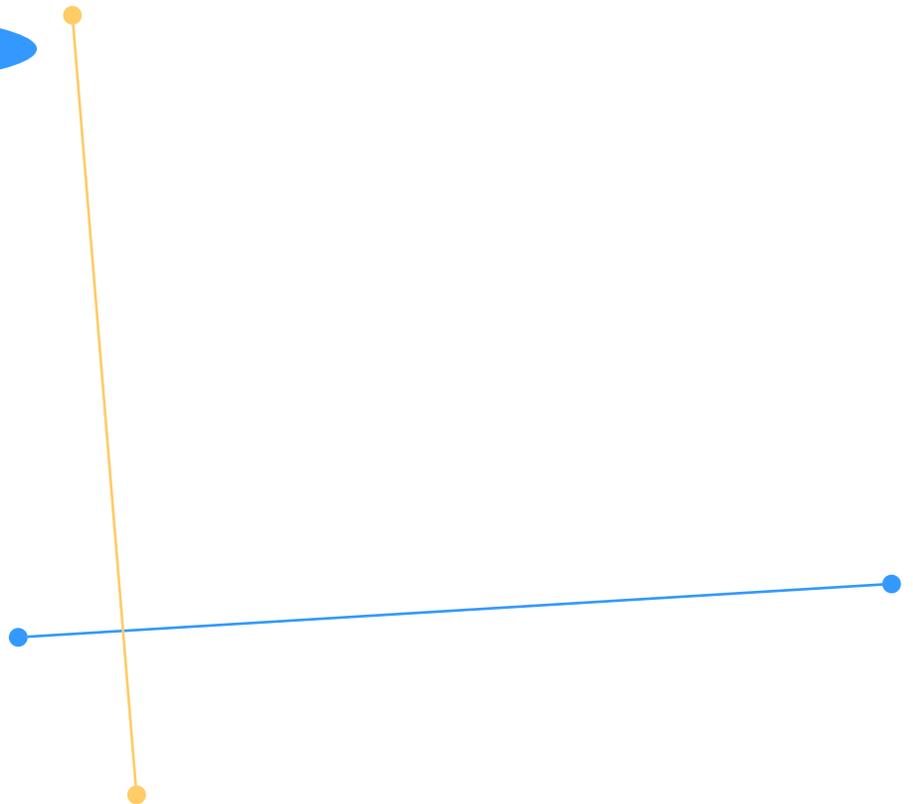
On Monday June 23 at 7pm, join us for a fun evening of just plain fun and fellowship. This will be a time to reflect on what we have learned during the year about the beatitudes and to just enjoy spending time together. Sign up at the Women's Ministry Table begins in mid-May. Any questions, contact Debbie Arthur.



Women of the Word  
Calvary Road Baptist Church

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You can also call Debbie Arthur,  
Director of WOW, at 703-451-0422,  
or e-mail her at  
debbie@judeministries.org



Follow FIDO - Philippians 3:13b-14 - forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

**March—Blessed are the pure in heart for they shall see God.**

**April —Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven.**

**May—Blessed are the peacemakers, for they shall be called sons of God.**

**June— Let your light so shine before men, that they may see your good works and glorify your Father in heaven.**

*WOW'S PURPOSE: FOLLOW FIDO  
FORGET IT AND DRIVE ON  
THROUGH THE BEATITUDES*



*Worship Through Prayer  
Instruction in God's Word  
Service to the Family of God  
Joy to Each Other  
Love to the Community*